



## The JOURNEYS Neighborhood

is a modern & bright environment that encourages joy in daily living.

**Caregiving is just that within our Journeys Neighborhood.**

Specifically trained, our dedicated caregiving team is educated to communicate through validation, showing understanding and support as they join our residents through the journey of their day. Family members are encouraged to remain a vital part of their loved one's daily living, joining us for meals, a visit by a guest musician, or a simple visit in our well-appointed lounge space.

**Engagement is key in supporting adults with memory challenges and Journeys is designed to encourage inclusion while honoring individuality.**

Our life enrichment team uses a person-centered approach to create programs that are designed to stimulate the mind and support cognitive functioning, maintain physical wellness, encourage socialization and connection as well as maintain life-long skills and engage in leisure pursuits.

We  
Invite You

TO CALL US, TAKE A TOUR &  
LEARN HOW WE ARE HERE FOR YOU  
ALONG YOUR JOURNEY.



**609-914-8800**



**MOUNT HOLLY**

Rehabilitation & Healthcare Center

62 Richmond Avenue  
Lumberton, NJ 08048

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**Journeys**  
MEMORY CARE

AT MOUNT HOLLY REHABILITATION  
& HEALTHCARE CENTER



## JOURNEYS Memory Care Program at Mount Holly

**Our Journeys Memory Support Program is designed to serve those living with Alzheimer's disease or other related forms of dementia.**

This program is offered in our secure Journeys memory care neighborhood that promotes functional ability while maintaining safety.

Our program philosophy is to meet each resident where they are in their memory journey and to customize our care approach with a goal of maintaining the highest level of function, independence, and quality of life.

Each day, our residents enjoy opportunities to explore, grow and participate in enriching experiences. Our residents set the tone for their day, choosing to engage with new or old passions, as well as finding time to relax with friends, family, or our family of caregivers. You'll find our Journeys Neighborhood to feel comfortable, warm and like home. From freshly cooked meals, to music, to visiting children, pets, gardens and favorite pastimes, our days are filled meaningfully.

# Additional Amenities & Clinical Services



**Guest Services 24/7**  
Hospitality Line

**Subacute Rehabilitation**

Physiatrist Led Therapy Services  
Available **7 Days Per Week**  
or as Prescribed

**CARE NAVIGATION™**  
to coordinate In Home Services

**NEXT TO HOME™**  
Long Term Care

**Access to Consults** from  
Board Certified Cardiologists  
& Pulmonologists

**24/7 Access** to Laboratory  
& Radiology Services

**Disease Education** to Family  
or other Caregivers

**Urgent SNF™** 24/7 Admissions  
Direct from the ER

# Providing Person Centered Care

## While Supporting You Along Your Journey Roadmap



## JOURNEYS Care Team

BOARD CERTIFIED PRIMARY CARE PHYSICIAN/GERIATRICIAN	MEMORY CARE COORDINATOR
NURSES	CERTIFIED NURSING ASSISTANCE
BOARD CERTIFIED PSYCHOLOGIST	LIFE ENRICHMENT PROFESSIONALS
DIETITIAN	PHYSICAL, OCCUPATIONAL, & SPEECH THERAPISTS
SOCIAL WORKER	DEDICATED PALLIATIVE CARE PROVIDER

